





Mental Models are "deeply ingrained assumptions, generalizations, or even pictures or images that influence how we understand the world and how we take action." (Senge, Peter. Fifth Discipline Fieldbook)

Our brains make models automatically. Like a river, our patterns flow continually over the same path, leaving a deeper and deeper mark each time. The deeper the path, the harder it is to change the pattern. (*McGehee, Tam. Whoosh. Business In The Fast Lane. Unleashing the Power Of A Creation Company*)

Mental Models

- Represent our "perception" not what is necessarily real or true; Are powerful in their influence over our actions and our responses; •
- . Prevent us to being open to new ideas, options, or learning.

Bias or Stereotype A bias -- or what is sometimes called a "stereotype" -- is an inflexible positive or negative prejudgment about the nature, character, and abilities of an individual and is based on a generalized idea about the group to which the person belongs. (*Theidermann, Sondra.* <u>Making Diversity Work</u>)

What are our mental models or bias around:

Gender Generations Cultures /Ethnicity Race Piercings/Spacers Health/Ability Economic

Profession/Occupation Education Sexuality Ink/Tatoos Military Service Geographic Faith

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3















